

WELLNESS EXPLORER

Through this lightinerary you will find the conference sessions and on-floor events that highlight lighting systems and solutions that create an optimal indoor environment prioritizing health and wellbeing.



MONDAY: MAY 22, 2023

- **9:00 AM:** Dynamic Daylighting for Occupant's Health and Well-being: Theory, Research, and Design Applications for Practitioners



TUESDAY: MAY 23, 2023

- **11:00 AM:** Applying knowledge from the lab to the real world: from basic genetics to healing patients using light
- **2:00 PM:** Dermaphotology: the Color of Light
- **3:00 PM:** Exploring lighting design as a wellness-enhancing proactive salutogenic approach towards optimal health
- **4:00 PM:** The Effects of LED Roadway Lighting on Health and Alertness



WEDNESDAY: MAY 24, 2023

- **9:00 AM:** Wellness Lighting and Energy Efficiency Converge
- **12:30 PM: IES LIVE - Color Demonstration (30 min) & Ask the Expert: Light & Human Health (30 min)**
- **3:00 PM:** Lighting for Anxiety and Depression- A Designers Approach
- **4:00 PM:** Biologically Aware Circadian Lighting: Moving From Concept to Reality and Beyond



THURSDAY: MAY 25, 2023

- **9:00 AM:** New Retail lighting: lighting strategies and their impact on health
- **10:00 AM:** How Germicidal UV Light Can Be Applied to Reduce the Risk of Airborne Disease Transmission
- **12:00 PM:** Senior living/senior care – Simple ways to use LIGHT and DARK for health

RECOMMENDED EXHIBITORS

A.L.P. #1403

BLACKJACK[®] #2829
L I G H T I N G

BRANDON #2557
INDUSTRIES

bold #2545

ILLUMUS. #2951

KURTZON #2543
ILLUMINATING YOUR WORLD
SPECIFICATION GRADE LIGHTING

elliptipar **tambient** **electriX** **MEYER** #2638
thelightingquotient.com

RAYON #2915
LIGHTING

LinmoreLED #2156
ULTRA PERFORMANCE LIGHTING

**these events occur on the show floor*

lightfair

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